

# Thinking About Hair Restoration

Contributed by admin  
Sunday, 26 November 2006

If you're thinking about hair restoration you probably have a lot of questions. Hair restoration can be scary because a lot of the reason that you want it done is for vanity reasons, so you feel comfortable with yourself, so you want to be sure that the restoration is going to improve your look. If you are thinking about hair restoration you probably want to go with a restoration specialist that has a lot of experience. If you are lucky enough to know someone who has had hair restoration help in the past and admit it you can ask for a recommendation.

If you cannot find a personal hair restoration recommendation you should ask all of the professionals that you visit for references. You should not only ask for the references but you should contact them. Also ask for before and after pictures of other patients so that you can really see what the professional is capable of. If the professional doesn't seem to want to give you either references or before and after shots you probably want to move on. Hair restoration technology has come a long way in the past few years making it more affordable and simpler than before, but that doesn't mean you want just anyone performing your procedure. You want someone that has a license or that is certified and has a good reputation for hair restoration in the community. When you have found that person, you can then ask all of the questions you have and decide if hair restoration really is for you, or not.

## Types of Hair Restoration

The term hair restoration can mean many things. Most people think of hair transplants when they hear the term hair restoration. Hair transplants are very popular because the technology has become much more sophisticated. Hair transplanting is a type of hair restoration that involves the surgical transplant of the hair follicles from one area of the body to the scalp. The follicles can be removed from another part of the scalp where the hair is quite thick and full or it can be removed from other parts of the body. The transplant is permanent and if you work with a good cosmetic surgeon it will look as natural as the hair looked before the balding occurred.

Hair restoration doesn't have to be as extreme as transplanting follicles from one area of the body to another. There are many hair restoration products on the market today that do not involve surgery at all. For consumers that have just started to lose their hair they will find products like Rogaine and Propecia very helpful. Both of these products have been approved by the FDA and have been proven to stop the loss of hair and will help to re-grow hair.

There are other treatments that may be helpful as well, including Revivogen and many other products that contain the herb Saw Palmetto. Unfortunately these treatments are generally not effective for someone that has long term hair loss or those that are severely bald. Consulting with a cosmetic surgeon that specializes in hair transplants will give you an idea if you are a candidate for the procedure or not of if less invasive techniques are the type of hair restoration you need.